

# MINISTRY OF HEALTH

## **Meningococcal disease information**

The Ministry of Health has advised us that there have been some outbreaks of Meningococcal disease within New Zealand. We have abbreviated some of their information.

Symptoms in older children and adults are –

- High fever and headache
- Confusion and sleepiness
- Joint pain and aching muscles
- Stiff neck
- Dislike of bright lights
- Vomiting
- Sometimes red or purple spots or bruises on the skin

*Meningococcal disease is fast and can kill or cause serious disability.*

Please be in touch with your doctor if you think you or your child has any of these symptoms.

### For further information:

The Ministry of Health has detailed information on its webpage about meningococcal disease here: <http://www.health.govt.nz/your-health/conditions-and-treatments/diseases-and-illnesses/meningococcal-disease>

Further information aimed at students is available here: <http://www.getimmunised.org.nz>

Contact your local Public Health Unit at Population Health Services, Waikato District Health Board, (07) 838 2569.